



# RIMINI WELLNESS 2026

Isokinetic

## SPORT SCIENCE ARENA D3

SESSION 1 - ACL, FROM INJURY TO RETURN TO PERFORMANCE

**Saturday Afternoon, May 30, 2026**

3:30 - 3:35	<b>Welcome</b>	Roberto Acquaviva (Director, Isokinetic Rimini)
3:35 - 3:50	Graft selection and different surgical techniques in ACL reconstruction	Prof. Giulio Maria Marcheggiani Muccioli
3:52 - 4:07	From injury mechanism to the ideal treatment programme	Dr. Filippo Tosarelli (Isokinetic Bologna)
4:09 - 4:24	Early and Mid Stage: how to set up ACL rehabilitation properly	Alessandro Compagnin (Rehabilitation Specialist, Isokinetic London)
4:25 - 4:40	From running to return to sport: building sport-specific movement after ACL reconstruction	Davide Pisoni (Rehabilitation Specialist, Isokinetic Milan)
4:42 - 4:57	What are the criteria for return to performance?	Roberto Acquaviva (Director, Isokinetic Rimini) Marco Zanobbi (Rehabilitation Specialist, Isokinetic Rimini)

## SPORT SCIENCE ARENA D3

SESSION 2 - MUSCLE INJURIES: HOW TO OPTIMISE FUNCTIONAL RECOVERY

**Saturday Afternoon, May 30, 2026**

5:10 - 5:12	<b>Welcome</b> <b>Why muscle injury management is increasingly focused on performance and reducing injury</b>	Roberto Acquaviva (Director, Isokinetic Rimini)
5:13 - 5:25	Clinical framework and medical management of muscle injuries in athletes	Dr. Filippo Tosarelli (Isokinetic Bologna)
5:27 - 5:42	Early and Mid Stage: how to structure rehabilitation in muscle injuries	Alessandro Compagnin (Rehabilitation Specialist, Isokinetic London)
5:43 - 5:55	From field to return to performance: progression and load management	Davide Pisoni (Rehabilitation Specialist, Isokinetic Milan)
5:57 - 6:12	<b>Round Table</b> When is an athlete truly ready to return?	Roberto Acquaviva (Director, Isokinetic Rimini) Marco Zanobbi (Rehabilitation Specialist, Isokinetic Rimini)

**RIMINIWELLNESS**  
THE WELLNESS EXPERIENCE SHOW

28-31 MAY 2026 | EXPO CENTRE & RIVIERA DI RIMINI, ITALY