

FITNESS CONTRACT

The Company for Fitness Centers



Serie IFP1

Categoria IFP

IFP1101 - Seated Shoulder Press



IFP1103 - Standing Lateral Raise



IFP1201 - Seated Chest Press



Distribuito da

Categoria IFP

IFP1206 - Standing Chest Fly



IFP1301 - Lat Pulldown



IFP1302 - Seated Row



Distribuito da

Categoria IFP

IFP1305 - T-Bar Row



IFP1501- Bicep Curl



IFP1604 - Prone Leg Curl



Distribuito da

 **impulse**

FITNESS
CONTRACT

Categoria IFP

IFP1605 - Seated Leg Extension



IFP1613 - Vertical Leg Press



IFP1615 - Belt Squat



Distribuito da

Categoria IFP

IFP1616 - Vertical Hip Thrust



IFP1617 - Hack Squat



IFP1619 - Reverse Hyperextension



Distribuito da

Categoria IFP

IFP1622 - Standing Hip Abductor



IFP1623 - Seated Calf Raise



IFP1706 - Biceps/Trips



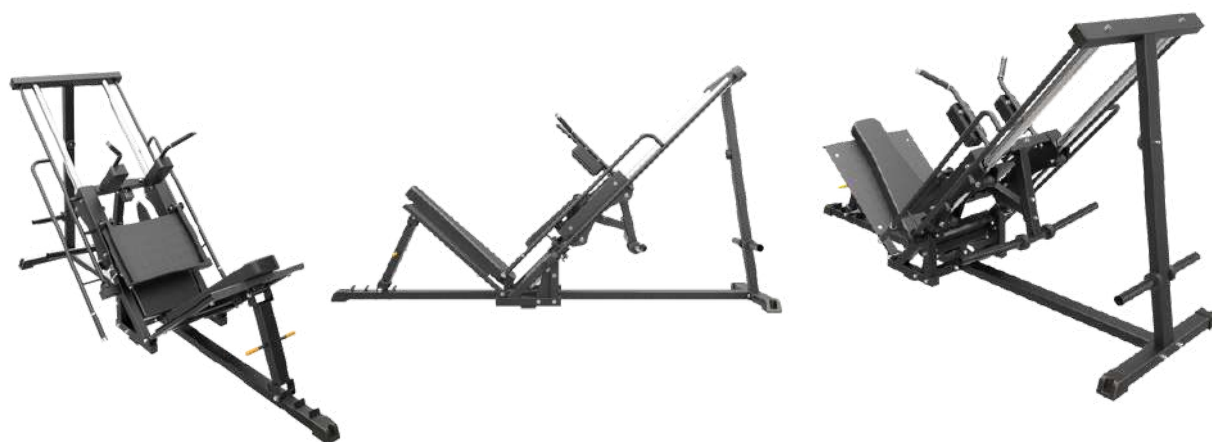
Distribuito da

Categoria IFP

IFP1707 - Leverage Squat/Calf



IFP1711 - Hack Squat/Leg Press



IFP1721 - Half Cage/ Smith Machine



Distribuito da

IFP1721OPT - Lat Pulldown Seated Row Attachment



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