

GIORNO	ORA	NOME LEZIONE	categoria	stage	presenter
giovedì 1	10:30	presa sicura, pronti al decollo ( static + spin)	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Samanta Zoffoli
giovedì 1	11:30	Gira e Frulla, elementi Base della Pole Dance eseguiti sul palo Spin	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Claudia Dipilato
giovedì 1	12:30	presa sicura, pronti al decollo ( static + spin)	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Samanta Zoffoli
giovedì 1	13:30	Stay Strong: per chi pensa che la Pole Dance sia uno s	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Claudia Dipilato
giovedì 1	14:30	tecnica del palo statico	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Marco Bassi
giovedì 1	15:30	area libera per testare i prodotti	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	
giovedì 1	16:30	l'acrobatica applicata alla poledance	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Marco Bassi
giovedì 1	17:30	area libera per testare i prodotti	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	
venerdì 2	10:30	Gira e Frulla, elementi Base della Pole Dance eseguiti sul palo Spin	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Claudia Dipilato
venerdì 2	11:30	tecnica del palo statico	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Marco Bassi
venerdì 2	12:30	presa sicura, pronti al decollo ( static + spin)	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Samanta Zoffoli
venerdì 2	13:30	l'acrobatica applicata alla poledance	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Marco Bassi
venerdì 2	14:30	3, 2, 1 Cheese: pronti allo scatto nella posa perfetta	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Claudia Dipilato
venerdì 2	15:30	THE ACROPOLER	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Marco Bassi
venerdì 2	16:30	Stay Strong: per chi pensa che la Pole Dance sia uno s	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Claudia Dipilato
venerdì 2	17:30	tecniche di ballo al palo spin	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Ricky Azzini
sabato 3	10:30	THE ACROPOLER	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Marco Bassi
sabato 3	11:30	Pole&Silk: the perfect mix	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Erika Ferrari
sabato 3	12:30	Pole&Silk: the perfect mix	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Erika Ferrari
sabato 3	13:30	Performer instruments: Polestrap my love	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Simona Spataro
sabato 3	14:30	POLE-PROCEPTION sentire il proprio corpo	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Sara Spada
sabato 3	15:30	l'acrobatica applicata alla poledance	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Marco Bassi
sabato 3	16:30	Performer instruments: Polestrap my love	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Simona Spataro
sabato 3	17:30	Vuoi trovare l'amore, vieni a provare la pole...	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Sara Spada
domenica 4	10:30	floor work	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Laura Borgognoni
domenica 4	11:30	static transitions	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Laura Borgognoni
domenica 4	12:30	Discover pole dance	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Alessia De Ieso
domenica 4	13:30	l'acrobatica applicata alla poledance	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Marco Bassi
domenica 4	14:30	3, 2, 1 Cheese: pronti allo scatto nella posa perfetta	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Claudia Dipilato
domenica 4	15:30	Pole - Upsidedown: guardare il mondo a testa in giù	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Alessia De Ieso
domenica 4	16:30	POLE-PROCEPTION sentire il proprio corpo	<i>Fitness - Fitness &amp; Dance workout</i>	POLEDANCE ARENA pad. D4	Sara Spada
giovedì 1	10:30	area libera per testare i prodotti	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	
giovedì 1	11:30	Aerial Shapes: cerchio ed esagono aereo	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	Samanta Zoffoli
giovedì 1	12:30	Aerial Shapes: cerchio ed esagono aereo	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	Elena Governo
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venerdì 2	10:30	Aerial Shapes: cerchio ed esagono aereo	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	<a href="#">Samanta Zoffoli</a>
venerdì 2	11:30	Aerial Shapes: cerchio ed esagono aereo	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	<a href="#">Elena Governo</a>
venerdì 2	12:30	Performer instruments: The Lollipop	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	Ricky Azzini
venerdì 2	13:30	Aerial Shapes: cerchio ed esagono aereo	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	<a href="#">Elena Governo</a>
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sabato 3	10:30	welcome to the Circus! mixed aerial arts	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	<a href="#">Erika Ferrari</a>
sabato 3	11:30	Performer instruments: The Lollipop	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	Ricky Azzini
sabato 3	12:30	Performer instruments: The UltraGrip Flying Pole	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	<a href="#">Simona Spataro</a>
sabato 3	13:30	Performer instruments: The Lollipop	<i>Fitness - Fitness &amp; Dance workout</i>	CIRCUS FIT ARENA pad. D4	Ricky Azzini
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